



12 best face moisturizers with SPF according to dermatologists

I interviewed three board-certified dermatologists for their insight on the efficacy of face moisturizers with SPF.

By Bianca Alvarez June 18, 2024



My [skin care routine](#) can vary daily, but I never forget two steps – [moisturizer](#) and a layer of [sunscreen](#). However, when I'm in a hurry or traveling, combining those steps with a moisturizer *with* SPF is easier and more convenient. It also gives your skin long-lasting hydration while protecting it from UVA and UVB rays.

The best moisturizers with SPF in 2024

Best for skin barrier health: [Roc Barrier Renew AM Moisturizer SPF 30](#)



According to [Dr. Connie Yang](#), a board-certified dermatologist, this moisturizer is lightweight and hydrating, and its formula is full of [ceramides](#) and prebiotics that are safe for [sensitive skin](#). The ceramides will focus on hydrating the skin and repairing the skin barrier, while prebiotics help your skin's microbiome, according to the brand.

[Yang](#) says that in addition to moisturizing and protecting the skin, it also layers nicely under makeup and leaves a nice dewy finish on its own. This quality is a favorite of NBC Select SEO editor [Nikki Brown](#). "This was one of my favorite moisturizers with SPF that I tested during our 2024 [NBC Select Wellness Awards](#)," she says. I really like the finish because it left my skin with a nice sheen but not greasy."

Best for mature skin: [EltaMD UV Daily Broad-Spectrum SPF 40](#)



When deciding which [skin care](#) products to use in the morning, [Yang](#) often reaches for this sheer, lightweight, moisturizing [sunscreen](#). It's suitable for those with normal, dry and combination skin, but it's also great for [mature skin](#). That's because the [hyaluronic acid](#) in the formula will help minimize the appearance of fine lines, according to the brand.

Best budget pick: [Cetaphil Healthy Renew Day Cream SPF 30](#)



Suitable for all skin types (including those with [sensitive skin](#)), this non-greasy and fast-absorbing sunscreen hydrates your skin and reduces the appearance of fine lines. That's because the formula has peptides to act as a [retinol alternative](#) to fight off wrinkles and fine lines, according to [Yang](#). While it does so, it's also soothing the skin, repairing the skin barrier and evening skin tone, according to the brand.

How to shop for moisturizers with SPF

Skin type

Depending on your skin type, you should be mindful of certain characteristics. Below, our experts break down what to consider.

- **Sensitive:** You'll also want to minimize irritation and avoid common irritants like fragrances and dyes, choosing soothing ingredients instead, says [Yang](#).

Frequently asked questions

Does a moisturizer with SPF have enough protection?



However, if you aren't applying enough, are only applying it on certain parts of the face or don't have the correct SPF rating, then you should add a layer of standalone sunscreen, says [Yang](#).

Meet our experts

- [Dr. Connie Yang](#) is a board-certified dermatologist at [PFRANKMD](#) by [Dr. Paul Jarrod Frank](#) in New York City.