



HEALTH

Doctors skeptical about mastic gum TikTok trend

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PITTSBURGH (KDKA) -- There's a new, pricey trend on TikTok among teenage boys using chewing gum to improve jawlines.

Does it work?

Mastic gum promises a chiseled jawline, supposedly by building jaw muscles.

It claims it improves the definition of your face, but celebrity dermatologist [Dr. Paul Jarrod Frank](#) says he's skeptical.

His advice to teenagers is to wait.

He says as they age into their 20s and 30s, they will likely see more definition, naturally.