

Does RF Microneedling Live Up to the Social-Media Hype? Top Derms and Plastic Surgeons Weigh In.

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“Originally, my outlook on [RF microneedling] was that it was an alternative for people who couldn’t do laser or maybe who’d had bad experiences with laser—that was the population I initially felt fit the niche,” says [Dr. Paul Jarrod Frank](#), a board-certified dermatologic surgeon in New York City.

Is RF microneedling really safe for all skin tones?

When positioned appropriately, the electrified needle tips “inject heat into the deep tissue,” [Dr. Frank](#) explains, without traumatizing the layer of skin that houses our melanin-producing cells—which is why doctors lean on these devices when treating dark-skinned patients



How do the various RF microneedling devices differ?

who may be prone to laser complications.

We have to use devices like Morpheus8 to maintain results, put collagen/elastin back in, and improve the skin itself.” [Dr. Frank](#) also reserves his Morpheus8 for surgical cases: “I’ll do [lipo](#) of the neck or arm and then do it on top of that,” he says.