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**browneyedtoast** Finally sharing with you all the results of my Emsculpt results with @drpauljarrodfrank! Swipe for the after results (2nd image) and the before (3rd)

As someone who never consistently worked out until last year, I could never have imagined these results. Since regularly doing pilates at my favorite studio @pilatesbysylvia over the past 9 months, my body was slowly sculpted and grew leaner, with soft outlines framing a much stronger core (3rd image). @Drpauljarrodfrank however helped me take things to the next level with four sessions of the Emsculpt treatment. This FDA cleared procedure induces 20k supramaximal contractions (up to 20k crunches) in one session to



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