



RACHEL MCADAMS
MY LIFE AS A MOM

★ USA ★

DECEMBER 24, 2018
ISSUE #52



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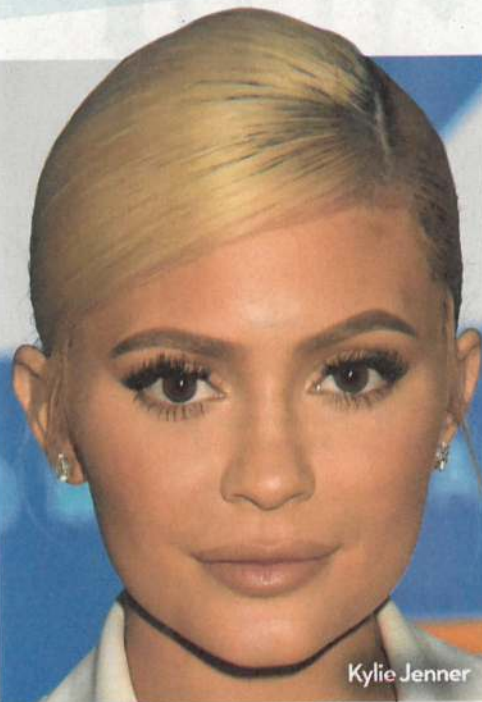


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PUCKER UP!

THESE LEADING LIP EXPERTS SHARE HOW TO GET YOUR POUT READY FOR THAT MAGICAL MOMENT UNDER THE MISTLETOE



Kylie Jenner

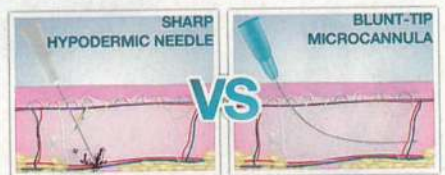
THE LATEST ON LIP FILLERS

Since 2000, lip injections have increased 60 percent, according to the American Society of Plastic Surgeons. And with that comes a slew of new hyaluronic acid dermal fillers including Vollure, Volbella, Revanesse Versa, Juvéderm Ultra, Restylane Defyne and Restylane Refyne, which offer more nuanced and customizable results. But just as important as the type of filler used is choosing a skilled practitioner to do the job. "Thirty percent of my day is dissolving bad filler," says aesthetic physician Dr. Leslie Gerstman, who uses a microcannula (a blunt-tipped needle) that helps minimize bruising and swelling.



Dr. Leslie Gerstman

"You don't get as much definition with microcannulas, so after I fill, I go back to the vermilion border, the rim of the lip by the Cupid's bow, and use a needle to get added definition and lift." Want juicier lips? Fillers will cost anywhere from \$600 to \$1,500 per syringe and last about six months.



A traditional needle (left) and a microcannula (blunt-tipped needle).

TREND ALERT: LIP BLUSHING

There's nothing sexier – or more youthful – than a rosy pink pout. So when lip color fades, the mouth can look smaller, causing the face to appear washed out and older. A new treatment called "lip blushing" fixes that for good! "It's a semipermanent micropigmentation procedure that includes shading, lining and pixilating the lips to enhance their natural color," explains Christopher Drummond, a microblading and cosmetic tattoo expert, who offers the service at PFrankMD Skin Salon in NYC. The treatment costs \$1,500, takes a week to heal and lasts one to two years.



Christopher Drummond