

10 OTC Acne Treatments Dermatologists Use On Their Own Zits



Your friends *swear* they can't see that zit, but to you, it's the size of a baseball. (I feel your pain girl.)

Fret no more: These dermatologist-backed OTC acne treatments work wonders against pimple blackheads, and whiteheads so you can finally forego layers on layers of concealer.

Ready to put your best face forward? Thought so.

Best acne treatment tool: Clarisonic Skin Care Brush



BUY IT \$129, [amazon.com](https://www.amazon.com)

“This is a great tool for exfoliating the face to effectively remove pore-clogging dead skin cell says New York City-based cosmetic dermatologist Paul Jarrod Frank, M.D. You also get the bonus benefit of reducing the excess sweat and oil that may lead to acne. “Using the Clarison will also help increase the efficacy of the skincare products you apply,” he adds. Score.