

MANHATTAN



Naomi Watts'
Five-Star Year

Game Changers

City Council Speaker Christine Quinn

NY Giant's Co-Owner and Loews Hotels
CEO Jonathan Tisch

Interior Designer Muriel Brandolini

The CEOs of Etsy & Hugu

Game of Thrones' Peter Dinklage

The Knicks' Amar'e Stoudemire

And More...

**Kathy Griffin:
Exposed in
Times Square**

**The Rapid Rise of the
Slow Art Movement**

Game Changers

From beauty and fitness gurus to media and culinary sensations to financial and political dynamos, this diverse group of New York's most influential movers and shakers all wield their formidable strengths and talents for the greater good of the city. We salute them.

*Produced by Ray Rogers
Photography by Justin Jay*

The Age-Defying Auteur

Paul Jarrod Frank, M.D. is the go-to guy for Upper East Siders seeking the fountain of youth.

Though news flashes predicting the “storm of the century” had most city residents holed up in their homes on the last Monday in October, the Fifth Avenue office of cosmetic dermatologist Dr. Paul Frank was abuzz with intrepid Upper East Siders stopping by for antiaging touch-ups.

“A lot of my patients live in the neighborhood, so they popped in to get refreshers; even my dad came by for laser,” says Frank, who at 43 still has his boyish good looks. “Fraxel was pretty popular this morning because people knew they were going to have a couple days of downtime.”

The day after the storm, Frank and his wife headed to Duane Reade to clean out the shelves of necessities and distribute them to drop-off centers.

Although his practice is only 11 years old, his circle of devotees began forming years ago. “Much of my clientele is built from my social network,” he explains. “I started at Horace Mann when I was 3 years old, and I’ve known a lot of these people for 34 years.”

Frank has reached a level of notoriety most physicians don’t achieve until they’re at least in their 50s. Apart from maintaining a packed practice, he’s a clinical assistant professor at NYU Langone Medical Center and a consultant for Estée Lauder.

His current age-defying artillery is a trifecta of injectables, lasers and liposuction. Men—specifically “type A personalities, in excellent shape and good-looking,” as Frank describes them—now make up a significant part of his practice. They’ll no doubt be excited about a pending procedure targeted to combat hair loss that involves, in the doctor’s words, “injecting bio-engineered growth factor into hair follicles.”

Frank’s empathy for his patients comes from a personal place. “I’m as concerned with aging as my patients are; my ultimate goal is to grow old gracefully with them.”

—Beth Landman



Dr. Frank, photographed walking along Central Park, on Fifth Ave.