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WINTER 2014

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FURIOUS**  
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BREWSTER**

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# Bold & Bright

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**Sparkly** DRESSES  
**Sexy** STAYCATIONS +



# ASK MILLY

Our beauty editor solves your biggest glam probs!



**Q** I've got four pesky chin hairs that pop up out of nowhere. Anything I can do about them?

**A** Lucky you with your four little chin hairs! Once I turned 30, mine came in batches of 20. For a permanent option, cosmetic dermatologist Dr. Paul Jarrod Frank recommends the Light Sheer Desire laser. At \$350 per session, it's quicker and less painful than any other laser. If you want an at-home option, the **Illuminage TOUCH, \$445**, uses intense pulsed light technology and radio frequency to remove hair painlessly.



**Q** I know they say that matching your makeup to your outfit is tacky, but is there any cool way to pull it off?

**A** Rules are meant to be broken. Lupita Nyong'o loves to match her makeup to her outfits and she always looks fab. Keep it simple by focusing on one feature. If you're wearing a cobalt-blue dress, add matching eyeliner on your upper lid or a smudge of shadow on your lower lid. Keep the rest of your eyes neutral so that the color really sparkles. And you don't have to stick to the exact shade as your clothes: Try something in the same color range. For instance, I love wearing my deep-purple dress with a sparkly lavender shadow.



**Q** When I wash my face, I can never fully remove my eye makeup. Is there anything you can recommend?

**A** Yes! **Lancôme's Bi-Facil, \$28**, is one of the most-effective makeup removers ever. I recently ran out of it and started using **Simple's new Eye Make-Up Remover Pads, \$4.99**, which are great for sensitive skin. They get everything off and don't irritate my eyes at all. If you want to go *au naturel*, grab some coconut oil from your *cocina*—that's what my *mami* always uses.

**Q** During winter my eyebrows get really flaky. ¿Qué pasa?

**A** It might be because when you're washing and moisturizing your face, you're avoiding your brows. Make sure—especially during winter, when your skin can get dry—that you are exfoliating with a hydrating cleanser like **Olay Regenerist Luminous Brightening Cream Cleanser, \$9.99**, and when moisturizing, give your brows some love—really rub it in! If you do this and still get flakes, dermatologist Elizabeth Tanzi says you could have seborrheic dermatitis. There's no special reason why you get it, but she recommends buying an OTC hydrocortisone cream to treat it.

