

## Oscar Nominees Who Look 10 Years Younger Than They Are

Discover the celebrity beauty secrets that keep these A-listers looking youthful

By Marlisce Cepeda

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### *Skin Solutions from the Stars*

Impressive acting chops may have earned Naomi Watts, Helen Hunt, Sally Field and Amy Adams Oscar nominations, but their skin regimens are award-winning in their own right. From their even complexions to their wrinkle-freeness, these megastars look much younger than they actually are. How do they do it? Click through to discover what experts think keeps them and other Academy Award contenders so fresh-faced, and learn how you can apply their tricks to your beauty routine.



### *Emmanuelle Riva*

The French movie veteran, 85, got noticed for her riveting role in *Amour*, making her the oldest woman ever to be nominated for Best Actress. But her uniform complexion makes fans think she's merely in her 70s. What's her secret? The lack of sun damage suggests to Asquith that Riva applies SPF 15 or higher every day. Daily moisturizer with hyaluronic acid, aquaxyl and ceramides keeps her skin soft, and [anti-aging night cream](#) evens the tone. Riva's defined jaw line could be the work of a skin-tightening procedure, according to Paul Jarrod Frank, MD, PC, founder and director of the Fifth Avenue Dermatology Surgery and Laser Center in New York City.

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## **Helen Hunt**

In the mid-90s, Hunt was a household name with her hit show *Mad About You* and blockbuster films *Twister* and *As Good As It Gets*. She's only gotten better with age, scoring her second Academy Award nomination for her supporting role in *The Sessions*. A year away from 50, Hunt also has been praised for her timeless glow. Asquith thinks a multi-peptide eye cream and an anti-aging serum are some of Hunt's beauty must-haves. To minimize crow's feet, try Dr. Frank's tip—refrigerate your eye cream to up its cooling and de-puffing properties.

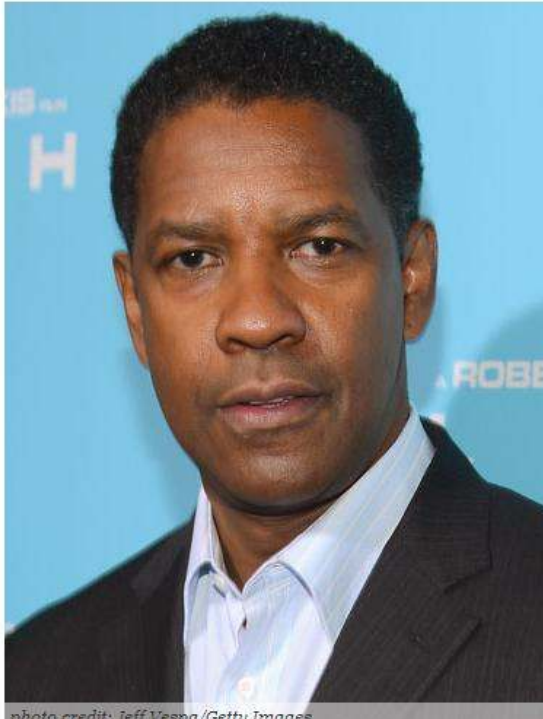


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## **Denzel Washington**

Whether he's playing the coach from *Remember the Titans* or a pilot in *Flight*, for which Washington scored a Best Actor nod, the living movie legend has over 30 years of show business under his belt. His boyish look, though, hardly reveals that, much less his age of 58. While Hollywood starlets perfect their skincare regimen to keep them looking young, men opt for eating well and exercise, says Dr. Frank. That doesn't mean Washington doesn't turn to products to protect his famous face. Glycolic acid and retinol are most likely found in his anti-aging go-to items, says Dr. Tanzi. Dr. Goldenberg also thinks Washington owes thanks to "genetics, natural skin oiliness and sun protection."