

the knot

SUMMER 2015

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BEAUTY AWARDS

We asked the pros
what products
you need to stock
up on before your
wedding.



A BIG THANKS TO OUR EXPERTS: STAFFORD R. BROUMAND, MD, **PAUL JARROD FRANK**, MD, JULIE HARRIS, RITA HAZAN, KATIE JANE HUGHES, MARC LOWENBERG, DDS, MARANDA, MYLO, DONNA PERILLO, URSULA STEPHEN, CHRISTINE SYMONDS, TAMAH, ELIZABETH TANZI, MD, JOEL TORRES AND JOANNA VARGAS >>

FACE



SERUM

This antioxidant serum is like a vitamin for your skin. Once absorbed, it cannot be rubbed or washed off and works for 72 hours to protect you from damaging free radicals in the environment, which can cause wrinkles and fine lines. C E Ferulic antioxidant treatment, \$157, SkinCeuticals.com



EXFOLIATOR

"Too much exfoliation can result in broken capillaries and irritated skin," Frank says. "Just add cleanser to this small portable brush to lightly exfoliate your skin without the damage." Mia 1 facial sonic cleansing brush, \$99, Clarisonic.com



ACNE TREATMENT

"You want a treatment that calms inflammation and heals the skin quickly," says Joanna Vargas, celebrity facialist and founder of Joanna Vargas Salon. Clear skin willow bark booster serum, \$56, EminenceOrganics.com



SUNSCREEN

"This sunscreen has a very elegant sheer formulation that provides excellent protection," says Elizabeth Tanzi, MD, codirector of the Washington Institute of Dermatologic Laser Surgery. Anthelios mineral sunscreen, \$34, LaRoche-Posay.com



CLEANSER

"It's the most gentle and effective cleanser for sensitive skin," says Paul Jarrod Frank, MD, director of 5th Avenue Dermatology Surgery & Laser Center. Daily facial cleanser, \$12, Cetaphil, Drugstore.com



MOISTURIZER

Celebrity makeup artist Charlotte Tilbury has been mixing this "magical" cream for more than 20 years. It's a concoction of hyaluronic acid booster and floral extracts that instantly brightens and hydrates your entire face for radiant skin. Charlotte's magic cream, \$100, CharlotteTilbury.com



MASK

"This is a great cleansing mask with an immediate brightening effect," says Stafford R. Broumand, MD, cosmetic surgeon. "Plus, when you peel off the mask, you can see exactly what has been removed from your pores." Luminizing black mask, \$34, Boscia, Sephora.com



TOOTHBRUSH

It may be cool looking, but this electric toothbrush does more than just sit pretty on your vanity. The silicone bristles pulse for a cleaner, instantly brighter smile. "Just one look at your teeth and you know this brush does something different," says Marc Lowenberg, DDS, a cosmetic dentist in New York City. Issa toothbrush, \$199, Foreo, Sephora.com



EYE CREAM

A good eye cream does so much more than prevent wrinkles. "It moisturizes, makes fine lines disappear and helps eye concealer go on better," Frank says. "It's worth every penny." Sublimage eye cream, \$225, Chanel.com



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