8 Surprising Places Women Are Getting Fillers

Using a dedicated skincare routine means your face is probably borderline wrinkle-resistant at this point. But it's not just our faces that make us appear older. According to the experts, there are quite a few other places that give away your age — and many women are using injectables in them in order to look younger.

Knees

Whether severe weight loss or just the simple principle of gravity has led you to sagging skin in the area right above the knees, don't fret — there's a filler for that. "To eliminate wrinkles and sagging skin on the knee area, fillers such as Radiesse are used to plump the skin," explains NYC-based cosmetic dermatologist Dr. Paul Jarrod Frank. "This process restores a youthful appearance to the entire leg in the process."
Hands

If the skin on your hands has begun looking crumpled and crepe-y, you’re not alone. Dr. Frank confirms that constant hand washing and the labor your hands go through day-to-day can take a serious toll on their appearance. So, in order to treat skeletal looking hands, many people opt for fillers. "This filler restores lost volume, making hands smooth and soft," he explains. "Expensive hand creams just don't last long enough and topical remedies cannot add volume to the hands to replace lost collagen like fillers can."

Jawline

No matter how wrinkle-free the rest of your face is, a sagging jawline can add some serious years to your overall appearance. To combat jowls, NYC-based plastic surgeon Scott Wells, M.D., confirms that fillers are a worth considering. "We sometimes inject fillers like Voluma along the lower jaw and sides of the lower face to lift them up and add definition."
Nose

A painful nose job with a long recovery period isn’t always the best option when it comes to flattening out curvatures in the nose. According to Dr. Wells, fillers can be used to re-contour certain areas on the body, with the nose being one of them. "If a patient comes in with a prominent bump in the center of the profile of their nose, we can add a little bit of filler above and below the bump in order to fill out that contour for a straighter silhouette."

Butt

Thanks to celebrities like the Kardashians and Jennifer Lopez, perfectly plumped glutes are a glorified attribute. Other than the usual implants, Dr. Frank confirms that fillers can be used to smooth out the buttock area, especially after age-induced muscular and soft tissue reduction begins. "Like a balloon that deflates, the buttock area tends to flatten and the skin appears dimpled and less elastic over the years," he explains. "Using primarily the filler Sculptra — with a unique dilution and technique — we can give both women and men back the buttock of their youth or even one they never had."
Earlobes

While most of us worry about things like crow's feet and forehead lines when it comes to preserving our youth, we tend to miss one of the most surprising, yet important telltale signs — our ears.

"Over time earlobes can begin to sag or tear due to wearing heavy earrings," explains Dr. Frank. "Fillers or Botox can help improve hanging, flat, or almost torn earlobes."

Temples

"For most people over the age of forty, the area just to the side of the lateral brow is usually thinned out to some degree," explains Dr. Wells. "It's called temporal hollowing and using filler can help lift the entire area — brow included — and refill volume that has been lost with age." So, not only can injecting fillers in this area bring back that facial plumpness you had as a teen, it can also lift any sagging that may have occurred by the brow bone, giving your eyes a more open and lifted appearance."
"Over time, the skin on your neck begins to sag, forming horizontal lines that can age someone dramatically," says Dr. Frank. "The filler Belotero works wonders to improve horizontal neck lines that may start to appear as you age." Many times, these lines appear to pop up overnight, and can drastically contrast against a wrinkle-free face. To avoid an invasive procedure, try fillers to smooth out those bothersome lines instead.