

## Spring Skincare

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## Your Biggest Skincare Problems, Solved!

We may never see a world of beauty completely free of blemishes, wrinkles, and excessive oil, but thanks to these products, we can come close. We talked to a panel of dermatology experts who gave us their tips for combating some of your biggest skincare woes. (Think: pimples, dark spots, and under-eye circles.) Click through the gallery to get their top-notch suggestions, as well as the products you need to engage in your beauty battle. No weaponry required!



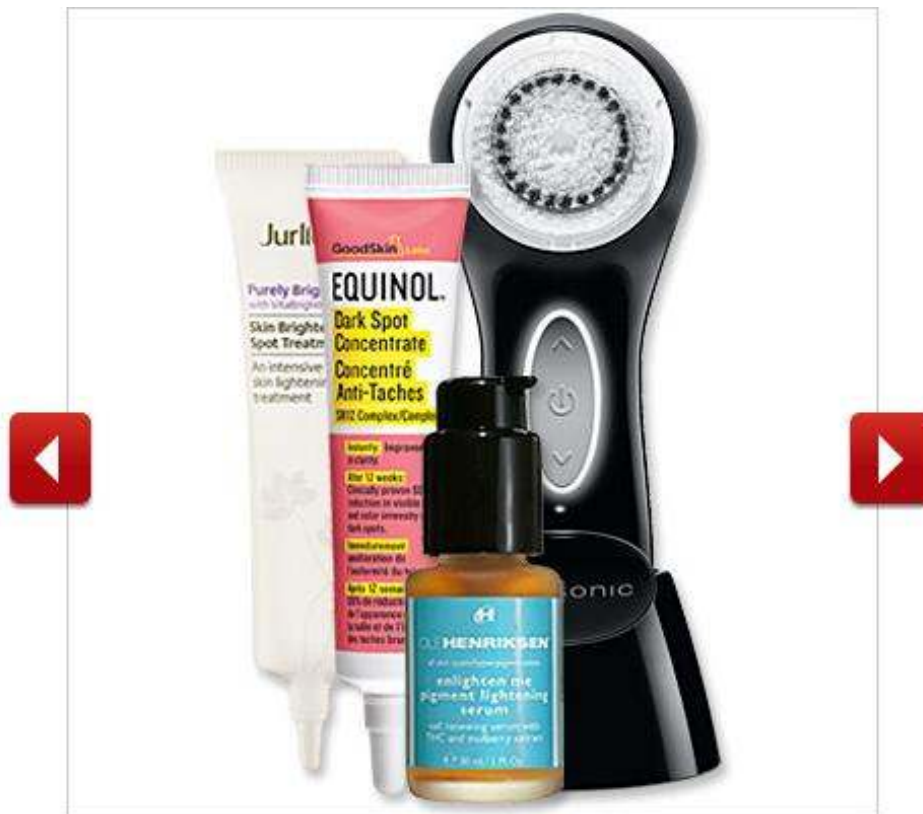
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## Excessive Oil

The pending warmer months are especially treacherous for those of us blessed with excessively oily skin, as the added moisture in the air is a recipe for skin disaster. But celebrity-loved New York dermatologist Dr. Paul Frank has a simple solution to combat that extra sheen: steer clear of any and all moisturizers.

"The oil the skin is already producing is the best natural moisturizer," Dr. Frank said. "When people have super-oily skin, I advise them to stay away from moisturizer all together and focus on a face wash with salicylic acid. Cleansers that contain an AHA such as glycolic or salicylic acid prevent breakouts, too." He recommends Neutrogena's Oil-Free Acne Wash (\$5.50) to rid the skin of extra oils and help reduce the risk of breakouts. Two benefits for the price of one!



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## Dark Spots

Anyone who has spent any time at all in the sun is no stranger to dark spots—the localized increase in melanin is a widely known result of UV exposure. “Age spots, also known as liver spots, solar lentigines, and sun spots are generally a result of prolonged exposure to the sun,” Dr. Frank told *InStyle.com*. “This increases the production of melanin and leads to the generation of rough pigmentations on uncovered parts of the skin. When excess melanin is generated in a certain area, it leads to a brownish spot on the skin.”

His suggestion to combat the unwanted blemishes? “At-home exfoliation encourages cell turnover, which in turn will reduce pigmentation to help fade dark spots,” he said. Combine an at-home exfoliator like the [Clarisonic Sonic Skin Cleansing System](#) (\$199) with a potent cream like [GoodSkin Labs’ Equinol Dark Spot Concentrate](#) (\$39) for maximum spot-fighting results.

**ALSO TRY:** [Jurlique Purely Bright Skin Brightening Spot Treatment](#) (\$42, [jurlique.com](#)); [Ole Henriksen Enlighten Me Pigment Lightening Serum](#) (\$48, [sephora.com](#)).