Spring Skincare

Your Biggest Skincare Problems, Solved!

We may never see a world of beauty completely free of blemishes, wrinkles, and excessive oil, but thanks to these products, we can come close. We talked to a panel of dermatology experts who gave us their tips for combating some of your biggest skincare woes. (Think: pimples, dark spots, and under-eye circles.) Click through the gallery to get their top-notch suggestions, as well as the products you need to engage in your beauty battle. No weaponry required!
Excessive Oil

The pending warmer months are especially treacherous for those of us blessed with excessively oily skin, as the added moisture in the air is a recipe for skin disaster. But celebrity-loved New York dermatologist Dr. Paul Frank has a simple solution to combat that extra sheen: steer clear of any and all moisturizers.

"The oil your skin is already producing is the best natural moisturizer," Dr. Frank said. "When people have super-oily skin, I advise them to stay away from moisturizer all together and focus on a face wash with salicylic acid. Cleansers that contain an AHA such as glycolic or salicylic acid prevent breakouts, too." He recommends Neutrogena's Oil-Free Acne Wash ($5.50) to rid the skin of extra oils and help reduce the risk of breakouts. Two benefits for the price of one!
Dark Spots

Anyone who has spent any time at all in the sun is no stranger to dark spots—the localized increase in melanin is a widely known result of UV exposure. “Age spots, also known as liver spots, solar lentigines, and sun spots are generally a result of prolonged exposure to the sun,” Dr. Frank told InStyle.com. “This increases the production of melanin and leads to the generation of rough pigmentation on uncovered parts of the skin. When excess melanin is generated in a certain area, it leads to a brownish spot on the skin.”

His suggestion to combat the unwanted blemishes? “At-home exfoliation encourages cell turnover, which in turn will reduce pigmentation to help fade dark spots,” he said. Combine an at-home exfoliator like the Clarisonic Sonic Skin Cleansing System ($199) with a potent cream like GoodSkin Labs’ Equinol Dark Spot Concentrate ($39) for maximum spot-fighting results.

ALSO TRY: Jurlique Purely Bright Skin Brightening Spot Treatment ($42, jurlique.com); Ole Henriksen Enlighten Me Pigment Lightening Serum ($48, sephora.com).