

# Emerald Princess

## 5 Tips To Prepare For Endure and Keep Waxing

Posted in Fashion, Tips and Ideas by Admin on 20 November 2014 Tags: 5 Tips, Endure and Keep Waxing, Fashion

Waxing can be a painful habit, but is the most effective for rapid removal of unwanted hair. Learn how to prepare for the sessions in the lounge and also how to keep the results longer with these five tips.

### Keep a routine

Who is adept at waxing knows the frequency and regularity of the process helps improve the results. This is because, the more the hair is plucked, the weaker they are born and end up disappearing – in some cases, it is worth noting. And note: if you opt for a laser treatment, never use wax between sessions. According to dermatologist Paul Jarrod Frank, this type of hair removal works by destroying the follicle and when the wax pulls the hair, can cause changes in its root that hinder this process.



### Go easy

Hair removal, in addition to removing hair, removes the layer of dead skin cells. So avoid the procedure in areas that are being treated with acid – with cretin – or other abrasives and avoid a nagging injury. Also go easy on the temperature of the wax and avoid burns.

### Prepare

The day before waxing, try gently exfoliate the area. That way, you remove dead skin cells that can clog pores and cause inflammation and ingrown hairs. To do this, try products with salicylic acid, soft bushings, noting that this step should be kind to the skin.

### Recover

Right after shaving, it is normal for the skin to become irritated and sensitive, but no way to minimize these effects. Avoid stifle region or wear very tight clothes and as soon as possible, make compresses of cold water and milk (not full). This blend helps to soothe the skin because of the temperature and lactic acid. It is also interesting to spend a balm of aloe vera.

### Keep the good result for longer

In the days between sessions – and especially once the start by being born – it is possible that some ingrown hairs appear and skin becomes picador. Avoid this effect with light scrubs and products containing salicylic acid, that removes the surface layers of the skin and facilitates the unimpeded born. It is important that the region receives daily care to prevent clogged pores.