

Does This Vitamin Really Banish Your Pimples? -- The Cut

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Photo: Felix Wirth/Corbis You might have heard that retinoids are good for your skin and that they'll magically get rid of all your pimples, but you might not know exactly how. They're that mysterious skin-care ingredient that's now in practically everything. As New York dermatologist Dr. Paul Jarrod Frank^[1] puts it, they're "the most useful anti-aging ingredient around." Dr. Anne Chapas^[2] considers them to be "a first-line agent for acne." But how effective are they? In order to whack thr...