Medical Facial
A non-invasive skin treatment by a cosmetic dermatologist can give some brides the wow-factor they’re after. Manhattan-based Dr. Paul Jarrod Frank offers his own 30-minute, pain-free “Build Repair Polish” version that uses radio frequency and multiple wavelength laser technologies to lift, tighten, and tone skin. You’ll score a healthy glow with better blood flow and less sun damage, and excess pigmentation. Facials typically start at $300 and should be done about a week or two before show time.