The Best Ways to Get Smooth, Stubble-Free Skin Before Your Wedding Day

Want silky, touchable, hairless skin under your wedding dress? Of course you do! New York City dermatologist Paul Jarred Frank breaks down the top ways to get smooth for the big day.

**Shaving**
To get the closest shave possible, do it in a hot shower (the steam opens your pores), and use a brand-new razor and plenty of moisturizing shaving cream. Finish with a moisturizing body cream just after you get out of the shower, for maximum absorption. (We like Aveeno Skin Relief Moisturizing Cream.)

**Waxing**
If you’ve never waxed before, the day before your wedding is not the time to start, Dr. Frank says. (You never know how your body will react, especially if you have sensitive skin.) Instead, give waxing a trial run at least a month before the wedding. Then, go back a few days prior to the big day for a follow-up appointment.

**Depilatories**
The number-one mistake women make with depilatories? Leaving the product on for too long, says Dr. Frank. Letting it chill on your legs for a few extra minutes will not make the product more effective, and it can also lead to burns. Carefully read and follow the instructions on the package, and if you’re a depilatory newbie, be sure to practice a few months before the wedding. (One of our favorites? Nair Moroccan Argan Oil Shower Power Max.) And — unless you’re really secure in your depilatory skills — we don’t recommend using one on your upper lip right before the big day. If something goes wrong, it will show up in all your photos. Instead, let a pro take care of any pre-wedding facial hair situations.

**Lasers**
New technology means going under the laser is easier than ever. Bikini-line or underarm hair removal now takes only a few minutes per session, and removing the hair on both legs takes around 40 minutes. Everyone’s experience will differ, but expect around five to six sessions to see full results — results that should last for several years. To be safe, only book your appointments with a dermatologist or a reputable spa that specializes in laser hair removal — they’ll know best how to administer the laser safely and effectively. The cost varies by city (and body part!), but expect to pay around $1,000 to $1,500 total.