

Here's Why People Are Getting Filler in These 4 Bizarre Places

Beth Wischnia • Feb 23, 2018

Plumping up areas of your face for a more youthful appearance isn't anything new, but injecting *beyond* the face is taking off as a trend. There's been a recent increase in people using fillers like Restylane, Radiesse, Sculptra, and Juvederm to address areas of their body — like the ears, hands, feet, and chest — that have fine lines or are losing volume. “The use of filler to combat the signs of aging is a non-invasive, non-surgical procedure that can reduce the appearance of wrinkles or revolumize deflated areas,” says New York-based cosmetic dermatologist Paul Jarrod Frank. Read on to learn our experts' takes on four unexpected injection areas that are on the rise.



HANDS

Problem: Just like our complexions, our hands are exposed to daily environmental factors, which can cause noticeable damage to the hands in the form of wrinkles and sagging skin.

Solution: “Radiesse, a dermal filler, is a great option when it comes to combating the effects of aging skin on the hands,” says Frank. “The non-invasive, non-surgical procedure reduces the appearance of wrinkles in 15 minutes and the results are immediate.” You can expect this type of filler to last between nine and 12 months before a touch-up is needed (if you want to maintain the look).

Cost: \$1,500 — \$2,500

Risk: As with all beauty services, you should be confident in the person and/or place providing the treatment, so finding an expert injector is key. Otherwise, you might not achieve smooth results.